

# Hot Breakfast September 2022

			1 Pancakes Sausage Fruit Juice Milk	2 Cereal Fruit Juice Milk
Cereal- 1oz 5 Fruit Juice Milk	Pancakes- 6 Sausage Fruit Juice Milk	Biscuit Sausage Gravy Fruit Juice Milk	7	8 Sausage, Egg, Cheese English Muffin Fruit Juice Milk
Cereal 12 Fruit Juice Milk	French toast 13 Fruit Juice Milk	14 Breakfast Burrito Fruit Juice Milk		Cereal Bar- 1oz 16 Fruit Juice Milk
Cereal- 1oz 19 Fruit Juice Milk	Pancakes 20 Sausage Fruit Juice Milk	Breakfast Casserole 21 English Muffin Fruit Juice Milk		Cereal- 1oz 23 Fruit Juice Milk
26 Cereal- 1oz Fruit Juice Milk	French toast sticks 27 Sausage Fruit Juice Milk	Breakfast pizza- 28 Fruit Juice Milk		30 Cereal- 1oz Fruit Juice Milk
			29 Biscuit Sausage Gravy Fruit Juice Milk	

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This institution is an equal opportunity provider  
Two milk options offered at each meal service

# Hope Aug /Sept 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			25	26
			Lasagna Casserole- 1/4c RO Green Beans- 3/4c O Breadstick Fruit Milk	SW Turkey Wraps Carrots w/ranch 3/4c RO Fruit Milk
29	30	31	1	2
White Chicken Chili Mixed Veggie- 3/4 S Fruit Milk	Beef Nacho w/salsa 1/4c RO Pinto Beans- 3/4 BPL Fruit Milk	Mont Jack Chicken on Bun Side Salad w/cherry tomatoes- 3/4c DG +1/8c RO Fruit Milk	Pasta w/Meatballs Cali Blend-3/4c O Fruit Milk	Turkey Cheddar on Croissant Carrots w/Ranch- 1c RO Chips Fruit Milk
5	6	7	8	9
Sloppy Joe WG Bun Diced Carrots- 3/4c RO Chips Fruit Milk	Meatloaf RO? Mashed Potatoes- 3/4c S Fruit Milk	Chicken patty w/gravy Roll Baked Beans 3/4c BPL Fruit Milk	Meatball Grinder RO? California blend- 3/4c O Fruit Milk	Roast Beef Sandwich Broccoli Salad- DG 3/4c Fruit Milk
12	13	14	15	16
Beef Chili 1/8 RO Corn- 3/4c S Frito Chips Fruit Milk	Beef Burrito w/1oz picante sauce Refried Beans- 3/4c BPL Spanish Rice Fruit Milk	Chicken Fried Rice Green Beans- 3/4c O Fruit Milk	Italian Chicken Pasta Salad Broccoli- 3/4c DG Fruit Milk	Tuna Salad Croissant Carrots w/Ranch- 1c RO Fruit Milk

<p style="text-align: right;">19</p> <p>Cheeseburger Casserole Green Beans- 3/4c O Chips Fruit Milk</p>	<p style="text-align: right;">20</p> <p>Beef Tacos X 2 w/2oz picante sauce Refried Beans- 3/4c BPL Fruit Milk</p>	<p style="text-align: right;">21</p> <p>Chicken Patty Mashed Potatoes- 3/4c S Corn Fruit Milk</p>	<p style="text-align: right;">22</p> <p>Chicken Alfredo w/WG pasta Cherry Tomatoes w/ ranch-1c RO Roll Fruit Milk</p>	<p style="text-align: right;">23</p> <p>Chicken Salad Slider Broccoli- 3/4c DG Fruit Milk</p>
<p style="text-align: right;">26</p> <p>Corn Dogs Green Beans- 3/4 O Fruit Milk</p>	<p style="text-align: right;">27</p> <p>Enchilada Rice Tortilla Chips Pinto Beans- 3/4c BPL Fruit Milk</p>	<p style="text-align: right;">28</p> <p>BBQ Chicken on Bun Side Salad w/tomatoes- 1/2c DG and 1/4c RO Fruit Milk</p>	<p style="text-align: right;">29</p> <p>Pasta w/Meat Sauce RO Peas- 3/4c S Fruit Milk</p>	<p style="text-align: right;">30</p> <p>Chicken Salad Croissant Pasta Salad Carrots W Ranch- RO 1 c Fruit Milk</p>