## January Hot Breakfast and Lunch 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| No School 2 | $3$ <br> No School | Breakfast pizza <br> Fruit <br> Juice <br> Milk | Sausage <br> English Muffin <br> Fruit <br> Juice <br> Milk | Plain Donut <br> Fruit <br> Juice <br> Milk |
|  9 <br> Pop Tarts  <br> Fruit  <br> Juice  <br> Milk  |  10 <br> Cinni Mini  <br> Fruit  <br> Juice  <br> Milk  |  11 <br> Pancakes  <br> Sausage  <br> Fruit  <br> Juice  <br> Milk  | Bagel w/ cream cheese 12 Fruit Juice Milk |  13 <br> Muffin  <br> Fruit  <br> Juice  <br> Milk  |
| No School 16 |   <br> French toast sticks  <br> Sausage  <br> Fruit  <br> Juice  <br> Milk  |  18 <br> Breakfast pizza  <br> Fruit  <br> Juice  <br> Milk  | Sausage <br> English Muffin <br> Fruit <br> Juice <br> Milk |  20 <br> Pop Tarts  <br> Fruit  <br> Juice  <br> Milk  |
|  23 <br> Plain Donut  <br> Fruit  <br> Juice  <br> Milk  |  24 <br> Pancakes  <br> Sausage  <br> Fruit  <br> Juice  <br> Milk  |  25 <br> Biscuit  <br> Sausage Gravy  <br> Fruit  <br> Juice  <br> Milk  | Sausage, Cheese <br> English Muffin <br> Fruit <br> Juice <br> Milk | Muffin <br> Fruit <br> Juice <br> Milk |
| Bagel w/cream cheese Fruit Juice Milk |  31 <br> Waffles  <br> Fruit  <br> Juice  <br> Milk  | $1$ <br> Breakfast Burrito <br> Fruit <br> Juice <br> Milk | Sausage Biscuit <br> Fruit <br> Juice <br> Milk | Plain Donut <br> Fruit <br> Juice <br> Milk |

This institution is an equal opportunity provider
*Milk offered in 2 varieties at each meal service*

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $2$ <br> No School | $3$ <br> No School |   <br> Chicken Patty 4 <br> Mashed Potatoes  <br> Fruit  <br> Milk  | Beef Shepard's Pie 5 Roll Cherry Tomatoes w/ranch Fruit Milk |  6 <br> Tacos x2 w/Salsa  <br> Black Beans  <br> Fruit  <br> Milk  |
| Hot Dogs <br> Green Beans <br> Fruit <br> Milk |   <br> Enchilada Rice 10 <br> Tortilla Chips  <br> Pinto Beans  <br> Fruit  <br> Milk  | BBQ Chicken on Bun 11 Roasted Sweet Potatoes Fruit Milk <br> BBQ Chicken on Bun Roasted Sweet Potatoes Fruit Milk |   <br> Chicken and Waffles 12 <br> Roasted Potatoes  <br> Fruit  <br> Milk  | Turkey Cheddar Melt Side Salad w/tomatoes Fruit Milk |
| No School 16 | Burgers on WG Bun Roasted Potatoes Fruit Milk |   <br> Mac n Cheese 18 <br> Peas  <br> Fruit  <br> Milk  | Sweet and Sour Chicken over Rice Broccoli Fruit Milk |   <br> Bosco Stick 20 <br> Tomato soup  <br> Chips  <br> Fruit  <br> Milk  |
| Pretzel with Cheese Dip Diced Carrots Fruit |   <br> Beef Nacho w/Salsa  <br> Refried Beans  <br> Fruit  <br> Milk  | Burgers on WG Bun 25 Side Salad w/Tomatoes Fruit Milk |   <br> Pasta w/Meatballs  <br> Cali Blend  <br> Fruit  <br> Milk  | Chicken strips (HS Roll) 27 Mixed Veggie Fruit Milk |
|   <br>   <br> Chicken Pot Pie  <br> Lima Beans  <br> Fruit  <br> Milk  |   <br> Beef Stew 31 <br> Roll  <br> Mashed Potatoes  <br> Fruit  <br> Milk  |   <br> Chicken Nuggets 1 <br> Broccoli  <br> Fruit  <br> Milk  |   <br> Bosco Stick 2 <br> Tomato Soup  <br> Green Beans  <br> Fruit  <br> Milk  |   <br> TacosX2 w/Salsa 3 <br> Sweet Potatoes  <br> Fruit  <br> Milk  |

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