



September 2023 Hot Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				Cinnastick Fruit Juice Milk
NO SCHOOL	French Toast Sticks Fruit Juice Milk	Biscuits with Gravy Fruit Juice Milk	Scrambled Eggs w/Sausage Patty English Muffin Fruit Juice Milk	Donut Yogurt Fruit Juice Milk
4 Muffin/Poptart Seed n Raisin Pack Juice Milk	5 Pancake Stackers Egg Patty Fruit Juice Milk	6 Sausage Biscuit Fruit Juice Milk	7 Egg n Cheese Croissant Fruit Juice Milk	8 Muffin Top/Cereal Cheese Stick Fruit Juice Milk
11 Honey Bun Yogurt Fruit Juice Milk	12 Biscuit with Sausage Gravy Fruit Juice Milk	13 Breakfast Burrito w/Salsa Fruit Juice Milk	14 Waffle with Syrup Fruit Juice Milk	15 Cereal/Muffin Yogurt Fruit Juice Milk
18 Muffin Top/Cereal Cheese Stick Fruit Juice Milk	19 Pancakes Sizzling Sausage Link Fruit Juice Milk	20 Breakfast Bar Cheese Stick Fruit Juice Milk	21 Sausage & Cheese Biscuit Fruit Juice Milk	22 Cinnastick Fruit Juice Milk
25	26	27	28	29

Two varieties of milk served at each meal service

This institution is an equal opportunity provided

Hope Leadership Academy September 2023 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Poppin' Chicken Fried Rice Sweet Teriyaki Broccoli Fruit Milk
NO SCHOOL	5 El Guapo Taco w/Salsa Mexi Rice Zesty Black Beans Fruit Milk	6 BBQ Chicken on WG Bun Creamy Mac n Cheese Punchin' Peas Fruit Milk	7 Mt. Smokey Meatballs over WG Pasta Garlic Breadstick Italian Cali Blend Fruit Milk	8 Local KC Pizza Crunchy Chips Side Salad w/Cucumbers Fruit Milk
4 Lip-Smackin' Chicken Patty on a WG Bun Mashed Sweet Potatoes Fruit Milk	12 Tasty Burrito w/Picante Sauce Tostito Chips w/Salsa Bad Bandit Beans Fruit Milk	13 Joe's Famous Bowl (Chicken, Cheese, & Corn over Gravy Mashed Potatoes) Roll Fruit Milk	14 Mighty Meatball Grinder Topped w/Cheese Garlicky Green Beans Fruit Milk	15 Westport Flea Market Beef Slider Sunchips Sweet Broccoli Salad Fruit Milk
18 Filling Pepperoni Pinwheel Roasted Sweet Taters Fruit Milk	19 Build Your Own Beef Nachos w/Salsa Protein Packed Refried Beans Fruit Milk	20 Kickin' Chicken Nuggets Cheezits Parmesan Corn Fruit Milk	21 Lasagna Roll Up w/Homemade Meat Sauce Garlic Breadstick Italian Style Summer Squash Fruit Milk	22 Local KC Pizza Crunchy Chips Seasoned Collards Fruit Milk
25 Pretzel Dog Creamy Mac n Cheese Soft Caramelized Carrots Fruit Milk	26 Westport Flea Market Burger on a WG Bun Sunchips BBQ Baked Beans Fruit Milk	27 Crispy Chicken Strips Cheese Stick House Party Potatoes Fruit Milk	28 Tuscan Chicken w/Creamy Sauce over Pasta topped w/Toasted Breadcrumbs Richs WG Roll Green Beans Fruit Milk	29 Twisted Turkey & Cheese Wrap Cheddar Goldfish Steamed Broccoli Fruit Milk

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