

October Hot Breakfast Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Chocolate Chip Muffin Top Cheese Stick Fruit Juice Milk</p>	<p>3 Breakfast Casserole Fruit Juice Milk</p>	<p>4 Pancakes Sizzling Sausage Link Fruit Juice Milk</p>	<p>5 Sausage & Cheese Biscuit Fruit Juice Milk</p>	<p>6 Cinnastick Fruit Juice Milk</p>
<p>9 Poptart Cheese Stick Fruit Juice Milk</p>	<p>10 French Toast Sticks Fruit Juice Milk</p>	<p>11 Scrambled Eggs w/Sausage Patty English Muffin Fruit Juice Milk</p>	<p>12 Biscuits with Gravy Fruit Juice Milk</p>	<p>13 Donut Yogurt Fruit Juice Milk</p>
<p>16 Muffin/Poptart Seed n Raisin Pack Juice Milk</p>	<p>17 Fruit Filled Pancake Bowl Juice Milk</p>	<p>18 Sausage Biscuit Fruit Juice Milk</p>	<p>19 Egg n Cheese Croissant Fruit Juice Milk</p>	<p>20 Muffin Top/Cereal Cheese Stick Fruit Juice Milk</p>
<p>23 Honey Bun Yogurt Fruit Juice Milk</p>	<p>24 Biscuit with Sausage Gravy Fruit Juice Milk</p>	<p>25 Breakfast Burrito w/Salsa Fruit Juice Milk</p>	<p>26 EGGO Waffle Bites Fruit Juice Milk</p>	<p>27 Cereal/Muffin Yogurt Fruit Juice Milk</p>
<p>30 Chocolate Chip Muffin Top Cheese Stick Fruit Juice Milk</p>	<p>31 Pancakes Sizzling Sausage Link Juice Milk</p>			

Hope October Lunch Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Meaty Sloppy Joes on WG Bun Candied Yams Fruit Milk	3 El Guapo Taco w/Salsa Mexi Rice Zesty Black Beans Fruit Milk	4 BBQ Chicken on WG Bun Creamy Mac n Cheese Punchin' Peas Fruit Milk	5 Mt. Smokey Meatballs over WG Pasta Garlic Breadstick Italian Cali Blend Fruit Milk	6 Local KC Pizza Crunchy Chips Side Salad w/Cucumbers Fruit Milk
9 NO SCHOOL	10 Tasty Burrito w/Picante Sauce Tostito Chips w/Salsa Bad Bandit Beans Fruit Milk	11 Joe's Famous Bowl (Chicken, Cheese, & Corn over Gray Mashed Potatoes) Roll Fruit Milk	12 Mighty Meatball Grinder Topped w/Cheese Cheesy Green Tree Tops Fruit Milk	13 Westport Flea Market Beef Slider Sunchips Creamy Potato Salad Fruit Milk
16 Filling Pepperoni Pinwheel Mashed Sweet Taters Fruit Milk	17 Build Your Own Beef Nachos w/Salsa Protein Packed Refried Beans Fruit Milk	18 Kickin' Chicken Nuggets Cheezits Parmesan Corn Fruit Milk	19 Lasagna Roll Up w/HOMEMADE Meat Sauce Garlic Breadstick Italian Style Summer Squash Fruit Milk	20 Local KC Pizza Crunchy Chips Side Salad w/Tomatoes Fruit Milk
23 Pretzel Dog Creamy Mac n Cheese Soft Caramelized Carrots Fruit Milk	24 Westport Flea Market Burger on a WG Bun Sunchips BBQ Baked Beans Fruit Milk	25 Crispy Chicken Strips Cheese Stick House Party Potatoes Fruit Milk	26 Tuscan Chicken w/Creamy Sauce over Pasta topped w/Toasted Breadcrumbs Richs WG Roll Garlicky Green Beans Fruit Milk	27 Poppin' Chicken Fried Rice Sweet Teriyaki Broccoli Fruit Milk
30 Warm Cheesy Sticks w/Marinara Parmesan Chicken Bites Crunchy Carrots w/Ranch Fruit Milk	31 El Guapo Taco w/Salsa Mexi Rice Zesty Black Beans Fruit Milk			

Two varieties of milk served at each meal service

This institution is an equal opportunity provider