




Hot Breakfast November 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| | | Pancakes Sizzling Sausage Link Fruit Juice Milk | NO SCHOOL | NO SCHOOL |
| 6 Poptart Cheese Stick Fruit Juice Milk | 7 French Toast Sticks Fruit Juice Milk | 8 Scrambled Eggs w/Sausage Patty English Muffin Fruit Juice Milk | 9 Biscuits with Gravy Fruit Juice Milk | 10 Donut Yogurt Fruit Juice Milk |
| 13 Muffin/Poptart Seed n Raisin Pack Juice Milk | 14 Fruit Filled Pancake Bowl Juice Milk | 15 Sausage Biscuit Fruit Juice Milk | 16 Egg n Cheese Croissant Fruit Juice Milk | 17 Muffin Top/Cereal Cheese Stick Fruit Juice Milk |
| 20 FALL BREAK | 21 FALL BREAK | 22 FALL BREAK | 23 THANKSGIVING  | 24 FALL BREAK |
| 27 Chocolate Chip Muffin Top Cheese Stick Fruit Juice Milk | 28 Sweet n Soft Pancakes Sizzling Sausage Link Fruit Juice Milk | 29 Breakfast Burrito Fruit Juice Milk | 30 *Choco Chip French Toasters* Fruit Juice Milk | |

Two varieties of milk served at each meal service

This institution is an equal opportunity provider

Hope November 2023 Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
|  | | Chili Beef Dog on WG Bun Seasoned Beans Fruit Milk | NO SCHOOL | NO SCHOOL |
| 6 Heavenly Chicken n Waffles w/Syrup Sweet Butternut Squash Fruit Milk | 7 Tangy Teriyaki Chicken over Brown Rice Sweet Chinese Cabbage Fruit Milk | 8 Dynamite Chicken Nuggets Cheesy Mac Attack Tasty Baked Beans Fruit Milk | 9 Savory Lasagna Roll up w/House Meat Sauce Veggie Medley Fruit Milk | 10 Westport Flea Market Sliders Warm Potato Salad Fruit Milk |
| 13 Crunchy Chicken Caesar Salad Cheese Filled Bread Stick Warm Roasted Potatoes Fruit Milk | 14 Hearty Beef Burrito Protein Packed Beans Fruit Milk | 15 Sweet Chicken Fried Rice Diced Carrots Fruit Milk | 16 THANKSGIVING FEAST Tasty Turkey Fluffy Stuffing Mashed Potatoes Green Beans Roll Fruit & Milk | 17 Pizza Day! Crispy Side Salad w/Dressing Fruit Milk |
| 20 FALL BREAK | 21 FALL BREAK | 22 FALL BREAK | 23 THANKSGIVING  | 24 FALL BREAK |
| 27 Meaty Sloppy Joes w/WG Bun Fluffy Sweet Taters Fruit Milk | 28 Bodacious Beef Nachos Cheesy Corn Fruit Milk | 29 Chili Beef Dog on WG Bun Seasoned Beans Fruit Milk | 30 Joe's Meat Sauce over Tender Pasta Garlic Breadstick Cali Blend Fruit Milk | |

Two varieties of milk served at each meal service

This institution is an equal opportunity provider